

## Gayatri Mantra

The Gayatri Mantra, also known as Veda Mata-Gayatri or Sandhya Vandana, is one of the oldest available Divine hymns. This mantra is sung in the Vedic-meter called Gayatri. This is considered to be the most important mantra written out in Gayatri meter, and therefore, by tradition, this mantra has come to be known as Gayatri.

The Gayatri Mantra is never chanted for the purposes of material gains, physical or otherwise. Its very invocation concludes with an appeal to the Lord to illumine our heart and mind.

Rishis selected the words of various Mantras and arranged them so that they not only convey meaning, but also create specific power through their utterance. Gayatri Mantra inspires wisdom. Its meaning is that "May the Almighty God illuminate our intellect to lead us along the righteous path". All the problems of a person are solved if he/she is endowed with the gift of righteous wisdom. Once endowed with far-sighted wisdom, a person is neither entangled in calamity nor does he or she tread the wrong path. A wise person finds solution to all outstanding problems

It has actually been observed that by the recitation of the Gayatri Mantra with an understanding of its sacred meaning, the ordinary negative inclinations in the human mind have a tendency to melt to a large extent. It is believed that for any one frightened in the dark, immediate chanting of the Gayatri Mantra is advised to get over the nervousness of the fright. Similarly, it is also believed that chanting of the mantra with understanding of its meaning will set your mind right before starting any important work.

You may need Real Player for playing audio files. You can download a free basic version of the program from Real Networks website.

Click on the button below to go to Real Networks website for the Real Player.

Click on the button below to hear the mantra being recited by Mr. Praveen Gulati.